



Patient name:

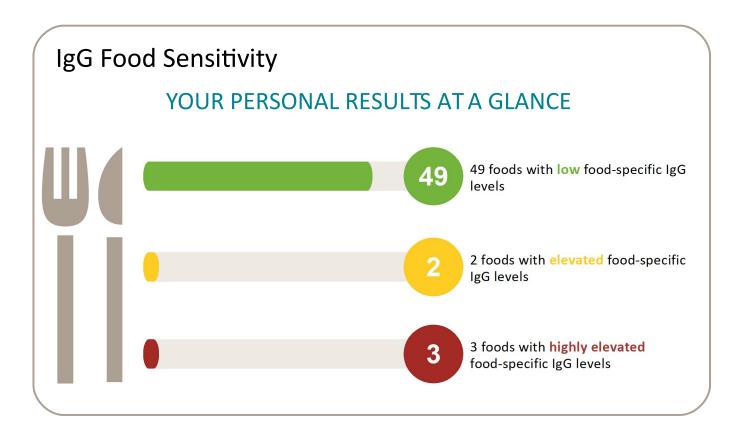




Patient ID: 1181140746S0



Tested foods:



Please note that the **myfoodprofile** test is not used to determine IgE class antibodies as they occur in classic food allergy. **myfoodprofile** is a semiquantitative test for the determination of food-specific IgG antibodies whose results are given in classes. The results are given in classes, which are shown colour-coded for more clarity. The additionally given standardised measurement values (relative units) are for information purposes only. The number of foods actually tested is more extensive than shown since some foods are tested for IgG antibodies in mixtures.

All dairy products were made from cow's milk, unless stated otherwise.

























YOUR PERSONAL RESULTS IN DETAIL

Gluten containing cereals	Intensity of reaction
Oat bran	≤ 7,5
Barley flour	13,5
Spelt flour	30,1
Gluten	49,2
Wheat flour	≥ 50,0

Gluten free cereals & alternative foods	Intensity of reaction	
Corn	≤ 7,5	
Buckwheat flour	≤ 7,5	
Rice	≤ 7,5	

Legumes	Intensity	of reaction
Legume mix (broad bean, kidney bean, chickpea, lentil)	≤ 7,5	••••
Soybean	≤ 7,5	•000
Pea	9,0	•000

Nuts & seeds	Intensity of reaction
Nut mix (walnut, hazelnut, almond, peanut)	21,8

Fruits	Intensity	of reaction
Pineapple	≤ 7,5	• • • •
Grape (white, black)	≤ 7,5	•000
Pear	≤ 7,5	• • • •
Fruit mix (peach, apricot, cherry, plum)	≤ 7,5	•000
Banana	≤ 7,5	•000
Strawberry	≤ 7,5	•000
Citrus mix (lemon, orange)	≤ 7,5	•000
Watermelon	≤ 7,5	•000
Apple	10,5	•000
Kiwi	25,0	••••

Vegetables	Intensity c	of reaction
Onion	≤ 7,5	• • • •
Tomato	≤ 7,5	•000
Spinach	≤ 7,5	• • • •
Celery	≤ 7,5	•000
Carrot	≤ 7,5	•000
Butterhead lettuce	≤ 7,5	•000
Zucchini	≤ 7,5	•000
Mushroom mix 1 (oyster mushroom,champignon,shiitake,chanterell e)	≤ 7,5	••••
Cabbage mix (broccoli, green cabbage, savoy cabbage)	≤ 7,5	••••
Eggplant	≤ 7,5	••••

Vegetables	Intensity of reaction
Potato	≤ 7,5
Bell pepper	≤ 7,5

Dairy & egg	Intensity of	of reaction
Sheep's milk	8,6	•000
Goat's milk	9,0	•000
Cow's milk	22,4	••••
Egg white, chicken	≥ 50,0	••••
Egg yolk, chicken	≥ 50,0	••••

Meat	Intensity of reaction
Beef	≤7,5
Pork	≤ 7,5
Chicken	≤ 7,5
Lamb	≤ 7,5
Turkey	≤7,5

Fish & seafood	Intensity	of reaction
Salmon	≤ 7,5	••••
Codfish	≤ 7,5	••••
Shellfish mix (blue mussel, venus clam)	≤ 7,5	• • • •
Tuna	≤ 7,5	• • • •
Seafood mix (cuttlefish, squid, octopus)	≤ 7,5	•000

Herbs & spices	Intensity of reaction	
Pepper mix (cayenne pepper, black pepper)	≤ 7,5	••••
Garlic	8,3	•000

Miscellaneous	Intensity	of reaction
Baking powder	≤ 7,5	•000
Brewer's yeast	≤ 7,5	•000
Sustenance mix (coffee, cocoa bean, black tea)	7,9	••••

