



Patient name:



Patient ID:

1181140746S0



Date:

11.04.2024



Tested foods:

54

## IgG Food Sensitivity

### YOUR PERSONAL RESULTS AT A GLANCE



Please note that the **myfoodprofile** test is not used to determine IgE class antibodies as they occur in classic food allergy. **myfoodprofile** is a semiquantitative test for the determination of food-specific IgG antibodies whose results are given in classes. The results are given in classes, which are shown colour-coded for more clarity. The additionally given standardised measurement values (relative units) are for information purposes only. The number of foods actually tested is more extensive than shown since some foods are tested for IgG antibodies in mixtures.

All dairy products were made from cow's milk, unless stated otherwise.



## YOUR PERSONAL RESULTS IN DETAIL

Gluten containing cereals	Intensity of reaction
Oat bran	≤ 7,5
Barley flour	13,5
Spelt flour	30,1
Gluten	49,2
Wheat flour	≥ 50,0

Gluten free cereals & alternative foods	Intensity of reaction
Corn	≤ 7,5
Buckwheat flour	≤ 7,5
Rice	≤ 7,5

Legumes	Intensity of reaction
Legume mix (broad bean, kidney bean, chickpea, lentil)	≤ 7,5
Soybean	≤ 7,5
Pea	9,0

Nuts & seeds	Intensity of reaction
Nut mix (walnut, hazelnut, almond, peanut)	21,8

Fruits	Intensity of reaction
Pineapple	≤ 7,5
Grape (white, black)	≤ 7,5
Pear	≤ 7,5
Fruit mix (peach, apricot, cherry, plum)	≤ 7,5
Banana	≤ 7,5
Strawberry	≤ 7,5
Citrus mix (lemon, orange)	≤ 7,5
Watermelon	≤ 7,5
Apple	10,5
Kiwi	25,0

Vegetables	Intensity of reaction
Onion	≤ 7,5
Tomato	≤ 7,5
Spinach	≤ 7,5
Celery	≤ 7,5
Carrot	≤ 7,5
Butterhead lettuce	≤ 7,5
Zucchini	≤ 7,5
Mushroom mix 1 (oyster mushroom, champignon, shiitake, chanterelle)	≤ 7,5
Cabbage mix (broccoli, green cabbage, savoy cabbage)	≤ 7,5
Eggplant	≤ 7,5

Vegetables	Intensity of reaction
Potato	≤ 7,5
Bell pepper	≤ 7,5

Dairy & egg	Intensity of reaction
Sheep's milk	8,6
Goat's milk	9,0
Cow's milk	22,4
Egg white, chicken	≥ 50,0
Egg yolk, chicken	≥ 50,0

Meat	Intensity of reaction
Beef	≤ 7,5
Pork	≤ 7,5
Chicken	≤ 7,5
Lamb	≤ 7,5
Turkey	≤ 7,5

Fish & seafood	Intensity of reaction
Salmon	≤ 7,5
Codfish	≤ 7,5
Shellfish mix (blue mussel, venus clam)	≤ 7,5
Tuna	≤ 7,5
Seafood mix (cuttlefish, squid, octopus)	≤ 7,5

Herbs & spices	Intensity of reaction
Pepper mix (cayenne pepper, black pepper)	≤ 7,5
Garlic	8,3

Miscellaneous	Intensity of reaction
Baking powder	≤ 7,5
Brewer's yeast	≤ 7,5
Sustenance mix (coffee, cocoa bean, black tea)	7,9